

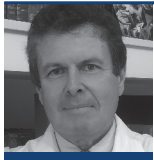


SAVE THE DATE

Maximizing Nutrient Intake for Improving Clinical Outcomes in Disease-Related Malnutrition

16:00 - 17:30 (CEST) | Milan, Italy
Room: Brown 3 | [Live Streamed](#)

Nestlé Health Science Satellite Symposium
at 46th ESPEN Congress on Clinical
Nutrition and Metabolism



Introduction

Chair: Prof Alessandro Laviano, MD, PhD

Head of Clinical Nutrition Unit of the Sapienza University Hospital Sant'Andrea, Rome, Italy.



Balancing Energy and Protein Utilization for Optimal Health Outcomes

Prof Maria Isabel Correia, MD, PhD

Retired Prof. of Surgery, Universidade Federal of Minas Gerais, and Coordinator of ETERNA - Rede Mater Dei and Hospital Semper, Belo Horizonte, Minas Gerais, Brazil.



Optimizing Amino Acids and Protein for Musculoskeletal Health during Periods of Rest or Disuse

Prof Stuart Phillips, PhD, FACSM, FCAHS

Professor & Tier 1 Canada Research Chair Director, Physical Activity Centre of Excellence (PACE), McMaster University, Ontario, Canada.



Advancing the Management by Applying Evidence-Based Approaches through High Energy Protein-Dense Oral Nutritional Supplements

Prof Dr Philipp Schütz, MD, PhD

Head of Medicine, Endocrinology & Clinical Nutrition, Kantonsspital Aarau, Aarau, Switzerland.

Join our symposium and [visit our booth at ESPEN 2024](#)